

# **SPECTRUM THUNDER FOOTBALL**

(est. 2013)



**PLAYER / PARENT  
INFORMATION BOOKLET**

**2017 SEASON**

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# SPECTRUM THUNDER COACHING STAFF

## JR. TEAM

Rudy Fjeldstad, Head Coach

Randy Mar, Assistant Coach

Rob Mar,

Brad Irwin, Line Coach

## VARSITY TEAM

Darren Vaux, Head Coach- defense

Ian Laxton, Head Coach- offense

Dominic Horgan, Line Coach

Angus Glen, Offensive Assistant Coach

## OTHER STAFF

Gary Ralfs, Equipment Manager

Frank Galley, Assistant Equipment Manager

Gary Baker, Spectrum Athletic Director



# SPECTRUM THUNDER FOOTBALL TEAM POLICY

## SCHOOL

Players must be in good standing:

- Players must attend all classes
- Players must be passing all subjects or making every effort to pass
- Players may be placed on academic probation
- Players must be respectful to all teachers and students
- Players are responsible for completing school work if they miss classes due to football
- Suspension from school is a suspension from the team. Following a suspension, a post-suspension meeting will be held to re-establish expected behavior to be able to continue playing

## COMMUNICATION

Team events, team schedules, travel details, etc will be emailed to players and parents. Information will also be posted on:

Website: <http://spectrumfootball.ca/>

Instagram: <https://www.instagram.com/spectrumthunderfootball/>

Facebook: <https://www.facebook.com/SpectrumHighSchoolFootball/>

## GEAR

Once a player hands in their Gear Sign Out form and post-dated gear deposit cheque (\$450), they will be fitted and issued gear and a gear bag. Players must provide their own football cleats.

- Players must let the Equipment Manager know if they have lost or misplaced a piece of equipment
- Players should not share/swap gear with another player
- Gear return dates will be emailed to parents and players and will be posted on the webpage
- Gear deposit cheques will be returned once ALL the gear and gear bag has been returned and checked by the Equipment Manager
- Players who do not return their gear on the specified dates, risk having their gear deposit cheque cashed

## PLAYBOOKS

- Playbooks will be signed out by the coaches and must be returned at the end of the season
- If a playbook is not returned, a \$25 charge will be deducted from the player's gear deposit
- Playbooks are confidential and should not be duplicated or shared with anyone outside of the Spectrum Football Program.

## **PRACTICES**

- BE ON TIME!
- Players are expected to attend all practices - attendance is taken every practice
- Players should contact the coach or team sponsor if they cannot attend
- Injured players are expected to attend all practices
- Part-time employment is not to be in conflict with practice or game time

## **STRENGTH & CONDITIONING**

- Players are expected to be involved in routine strength and conditioning pre-, during and post-season
- If a player does not have access to gym equipment, the school offers free supervised weight room hours.

## **HOME GAMES**

Players will be dismissed early from their last class on game day. The team sponsor will email teachers a team roster so players are not marked absent.

Players are expected to help before *and* after the game with field set up, take down and clean up.

## **AWAY GAMES**

Players will miss some or all classes on game day depending on the game's location. Only players in good standing (refer to p. 4) will be allowed to travel with the team.

We ask that every effort be made to arrange family events so they don't conflict with any football activities.

- Players are expected to travel to and from the game together (as a team). If a player has to travel separately because of a previous commitment or at the request of his parent/guardian, the coaching staff and team sponsor must be made aware.
- Sorry - family or friends cannot ride in the bus unless they are part of the coaching staff or volunteering with the team and arrangements are made ahead of time.

### **Cleanliness is expected!**

- locker room
- equipment room
- any vehicle used for transportation (bus, ferry, private vehicle, etc.)
- football equipment, practice and game uniforms
- any other area the football team uses will be kept clean and orderly

### **Dress regulations**

- Day before or game day, jersey should be worn at school

## Sideline discipline

- Watch the game and know what is going on
- Know who you are backing up
- Know when the player you are backing up is injured
- Players are never to substitute themselves off and on the field

## SCHEDULE

### Spring practices

- **Grade 8's are welcome to try out JV football with us for free this spring! We supply all the gear!**
- Full gear practices will begin in May
- Spring Jamboree in June

### Summer practices/activities

- Workouts will be announced in the spring
- Fall training camp will be the last 2 weeks of August

### Exhibition / Regular Season / Playoff Games

- September to November – the schedule will be available in the spring

## FEES

Player registration fees help cover: team travel costs, BC High School Football Association (BCHSFA) fees, referee fees, field lining, equipment and more. This season, each player will receive a "Spirit Kit" which includes: performance t-shirt, short & socks. Players will also receive one practice jersey.

\$485 This amount can be paid in one lump sum *or* \$165 is due upon registration with two post-dated cheques (payable to Spectrum Community School):

\$165	due upon registration
\$160	can be post-dated to June 1, 2017
\$160	can be post-dated to August 24, 2017

## FUNDRAISING

*Our football program is expensive to run and the program does not receive any funding from the school district, school budget or school's PAC.* As a result, we need to fundraise to keep costs at the current rate and to one day purchase items on our wish list including: scoreboard, new goal posts, helmets and more.

We will meet regularly to set up fundraisers for this season. If you're interested in helping or know a company who would like to donate to our program, please let the team sponsor know.

Our on-going fundraising includes: Thrifty's Smile Card Program, Save-A-Tape Program Country Grocer (Royal Oak location only), Bottle Depot at Glanford, concession at home games, decal and t-shirt sales.

## **FUNDRAISING DEPOSIT**

\$100 Fundraising/Volunteer deposit (due upon registration, post-dated cheque to December 15 2017)

Funds raised through the efforts of players are necessary each year to cover expenses for this program.

Players will have the opportunity to earn back this amount, or a portion of it, by participating in 8 hours of fundraising activities this season. Fundraisers for the 2017 season will include:

- Krispy Krème donut sales
- Raffles
- Bottle Drive – a successful bottle drive can raise \$1500 or more

Parents interested in helping with fundraising activities, can contact Shawna Wilson:

[shawnaleemarie@shaw.ca](mailto:shawnaleemarie@shaw.ca)

## **GEAR DEPOSIT**

\$450 Postdated cheque December 15 2017

If you have questions about the fees or need financial assistance, please contact Gary Baker, Staff Sponsor/Team Manager at the school 250 479 8271 or by email [gbaker@sd61.bc.ca](mailto:gbaker@sd61.bc.ca)



All cheques for fees and deposits should be made payable to **SPECTRUM COMMUNITY SCHOOL.**